

2022

Armchair Travel Challenge for Adults

June

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LIBRARY

Eastern Asia

Join our year-long reading challenge for adults and "travel" around the world. You can enter to win the year-end raffle! It's easy - here's how to get started:

Pick up a reading log at the Circulation or Reference Desk, print one out online, or request one via curbside, and commit to reading one book related to the destination of the month. (Audiobooks, e-books & DVDs count too!).

Your challenge for JUNE: Read any book that takes place in Eastern Asia. Once you have finished, bring your log into the library and get your "passport" stamped!



2022

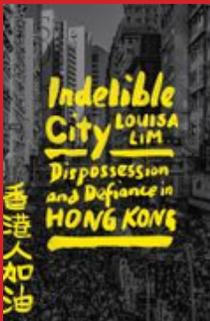
Armchair Travel Challenge for Adults

Suggested Reading List*

**This list is for ideas only. Chosen book should fit the theme, but no specific titles are required to participate in the reading challenge. Please enjoy!*

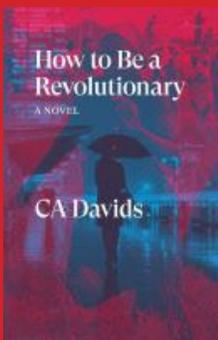
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June: Eastern Asia



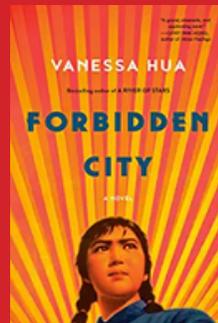
Indelible City: Dispossession and Defiance in Hong Kong by Louisa Lim

An award-winning journalist and longtime Hong Konger indelibly captures the place, its people, and the untold history they are claiming, just as it is being erased.



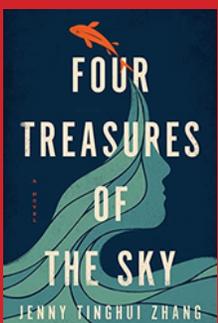
How to Be a Revolutionary by C.A. Davids

"How to Be a Revolutionary" is an amazingly ambitious novel. It's also a heartbreaking exploration of what we owe our countries, our consciences, and ourselves.



Forbidden City by Vanessa Hua

A teenage girl living in 1960s China becomes Mao Zedong's protégée and lover—and a heroine of the Cultural Revolution—in this "masterful new novel"



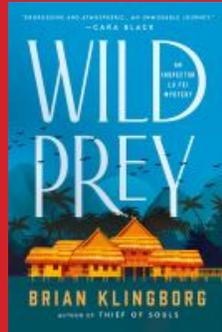
Four Treasures of the Sky by Jenny Tinghui Zhang

A dazzling debut novel set against the backdrop of the Chinese Exclusion Act, about a Chinese girl fighting to claim her place in the 1880s American West



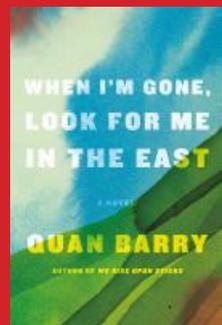
Thank You, Mr. Nixon by Gish Jen

Beginning with a cheery letter penned by a Chinese girl in heaven to “poor Mr. Nixon” in hell, Gish Jen embarks on a fictional journey through U.S.-China relations, capturing the excitement of a world on the brink of tectonic change.



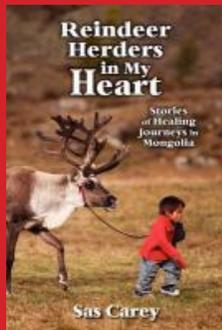
Wild Prey: An Inspector Lu Fei Mystery by Brian Klingborg

The search for a missing girl sends Inspector Lu Fei undercover into the wild corners of Myanmar, and the compound of the deadly and mysterious woman warlord responsible for the illegal trafficking of exotic animals and possibly more.



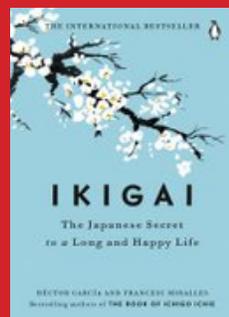
When I'm Gone, Look for me in the East by Quan Barry

From the acclaimed author of *We Ride Upon Sticks* comes a luminous novel that moves across a windswept Mongolia, as estranged twin brothers make a journey of duty, conflict, and renewed understanding.



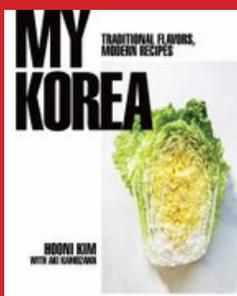
Reindeer Herders in My Heart by Sas Carey

Join Sas Carey as she follows her calling to a remote community of nomadic reindeer herders in the northernmost reaches of Mongolia. Live her experiences and encounter the spirit world, truth, ancient ways of healing...and a strong heart connection.



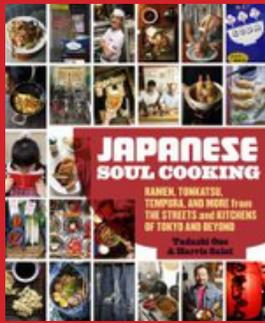
Ikigai by Héctor García

According to the Japanese, everyone has an ikigai—a reason for living. And according to the residents of the Japanese village with the world’s longest-living people, finding it is the key to a happier and longer life. Having a strong sense of ikigai—where what you love, what you’re good at, what you can get paid for, and what the world needs all overlap—means that each day is infused with meaning.



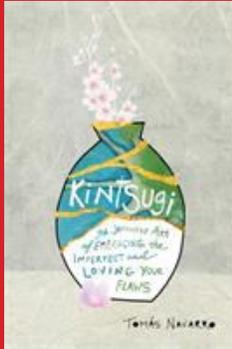
My Korea by Hooni Kim

Complete with thoughtful notes on techniques and sourcing and gorgeous photography from across Korea, this cookbook will be an essential resource for home cooks, a celebration of the deliciousness of Korean food by a master chef.



Japanese Soul Cooking by Tadashi Ono

Move over, sushi. It's time for gyoza, curry, tonkatsu, and furai. These icons of Japanese comfort food cooking are the hearty, flavor-packed, craveable dishes you'll find in every kitchen and street corner hole-in-the-wall restaurant in Japan.



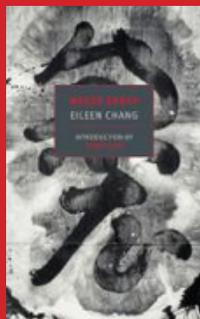
Kintsugi: the Japanese Art of Embracing the Imperfect and Loving Your Flaws by Tomás Navarro

Everyone faces suffering, but how we engage with our troubles and heal our emotional wounds can make all the difference. Rather than conceal our repairs, what if we embraced them—and looked to them as proof of our strength?



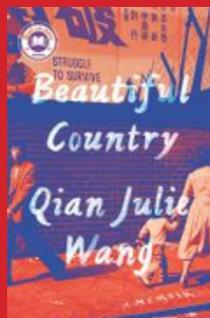
Zen Gardens by Mira Locher

Celebrating the accomplishments of an influential, world-class designer, Zen Gardens also serves as something of a master class in Japanese garden design and appreciation: how to perceive a Japanese garden, how to understand one, even how to make one yourself. Like one of Masuno's gardens, the book can be a place for contemplation and mindful repose.



Naked Earth by Ailing Zhang

One of the greatest and most loved of modern Chinese writers, Ailing Zhang illuminates the dark corners of the human existence with a style of disorienting beauty. "Naked Earth", unavailable in English for more than fifty years, is a harrowing tale of perverted ideals, damaged souls, deepest loneliness, and terror.



Beautiful Country by Qian Julie Wang

In Chinese, the word for America, Mei Guo, translates directly to "beautiful country." Yet when seven-year-old Qian arrives in New York City in 1994 full of curiosity, she is overwhelmed by crushing fear and scarcity. In China, Qian's parents were professors; in America, her family is "illegal" and it will require all the determination and small joys they can muster to survive.



Snow Monkeys DVD

In the frigid valleys of Japan's Shiga Highlands, a troop of snow monkeys make their way and raise their families in a complex society of rank and privilege where each knows their place. With their confident leader to guide them and their families to shelter and care for them, this troop of snow monkeys is ready to face the world.